

BEYOND COVID JOB PREPAREDNESS

Enhance your Online Skills and Gain Certifications!

PROGRAM DATE

May 16 - June 10, 2022

Monday to Friday

9 a.m. to 2 p.m.

We will loan you the computer equipment and orientate you to the Google platform to enable you to fully participate in the program!

AS A PART OF THIS UNIQUE PROGRAM, YOU WILL:

- Gain the digital skills required to navigate Google Workspace and e-learning opportunities
- Explore the topics of Emotional Intelligence and Stress Management
- Obtain certifications to improve your job performance

FOR MORE INFORMATION ABOUT THIS FREE PROGRAM, CONTACT PASCALE:

UHC-HUB OF OPPORTUNITIES

P: 519-944-4900 ext. 168 E: pbedard@uhc.ca

www.uhc.ca

ESSENTIAL WORKPLACE & ONLINE SKILLS TRAINING

Improve your career by being more confident, skilled and well-informed. [The Beyond COVID Job Preparedness program](#) teaches you essential online and digital skills, while putting a strong focus on stress management and self-care.

Your UHC instructor will work with you to better prepare you for your return to work by incorporating positivity and motivation that will help you excel!

WHAT CERTIFICATIONS WILL YOU EARN?

- Smart Serve
- Workplace Essentials
- Managing Food Safety

HOW DO YOU QUALIFY?

You are:

- Ready to commit to full-time participation in the training program
- 18 years of age or older
- A resident of Ontario

LAPTOPS WILL BE LOANED TO PARTICIPANTS FOR THE DURATION OF THE PROGRAM

